

Registration Form

Must be received by July 10th.

Fee: \$100

Name: _____

Job Title: _____

Organization: _____

Address: _____

City: _____

State: _____ Zip: _____

Work Phone: _____

Home Phone: _____

Email: _____

*Make check payable to: UNH
Mail registration and check to:*

*NEACHA
c/o University Conference Office
1 Leavitt Lane
Durham, NH 03824-3509
(603) 862-1900; (Fax) (603) 862-0245*

New England Animal Control/Humane Academy
Thompson School, UNH
291 Mast Rd.
Durham, NH 03824

802635

Combating Compassion Fatigue in the Animal Care and Control Profession

Thursday, July 24, 2003

8:30 am-4:15 pm

Memorial Union Building

Theater 1

University of New Hampshire

Sponsored By



www.unh.edu/neacha

**THE HUMANE SOCIETY
OF THE UNITED STATES**

www.hsus.org

Combating Compassion Fatigue in the Animal Care and Control Profession

What is Compassion Fatigue?

Compassion fatigue is the natural consequence of stress resulting from caring for and helping traumatized or suffering people or animals. (Figley, 1993) Recognized for many years among emergency care workers and rescue personnel, "compassion fatigue" as a term has only recently been applied to animal care workers.

Compassion fatigue is classified as secondary traumatic stress disorder. Irritability, sleeplessness, emotional withdrawal, anxiety, isolation, and feelings of helplessness and inadequacy are among the reported symptoms.

Workshop Leader

Robert Roop, Ph.D. SPHR, Certified Compassion Fatigue Specialist

Dr. Roop has a long history of helping people and is a trained psychologist, and former probation officer. Dr. Roop is Vice President of Human Resources and Education at The Humane Society of the United States. He holds an M.A. in Community Counseling Psychology and a Ph.D. in Human Resource Management. Dr. Roop received his certification as a Compassion Fatigue Specialist from the International Traumatology Institute in Tampa, FL. Since then, he has led numerous Compassion Fatigue workshops for the animal care and control profession.

Who Should Attend

- Those who care for animals and feel daily stress related to dealing with a seemingly uncaring, uneducated public.
- Those who feel frustration because of not being able to do more for animals.
- Those who have health and relationship problems because of being unable to talk candidly about issues related to working with animals.
- Those who deal with animal cruelty issues as part of their jobs.

This workshop is only one day of the 5-day New England Animal Control/Humane Academy. The Academy often offers one of its workshops to those who might only be able to attend for a day. FMI phone 603-862-1014 or jaz@cisunix.unh.edu.

Workshop Objectives

- Understand symptoms of stress, burnout and compassion fatigue.
- Determine susceptibility in self and others through individual survey and group exercises.
- Learn the effects of compassion fatigue on individuals and organizations.
- Learn to cope and administer personal improvement and protection plans.

UNH Parking

The Workshop will be held in Theater 1 of the Memorial Union Building (MUB). Registrants will need to stop at the Visitor's Center, between the Thompson School and A Lot, to purchase a parking permit. (\$3.00) Closest parking for the MUB will be in B Lot.

See www.gradschool.unh.edu/home/directions.htm for directions and campus map.

Registration Fees/Information

- *Cost: \$100 includes continental breakfast and lunch.*
- *Registration and Continental Breakfast from 8:00- 8:30 am.*
- *You must have a UNH Visitor's Parking Permit or risk being ticketed!*
- *Registration due no later than July 10th.*