



Animals Have Feelings, Too!

By Karen Lee Stevens and Stephanie Itle-Clark

Grade Level: Pre-K-1

Objective: Through the children's book *Animals Have Feelings, Too!*, students will learn that people and animals have feelings — and that expressing and understanding feelings is an important part of being healthy. The lesson will introduce feelings through literature, art, and song and encourage students to treat everyone with kindness and respect.

Standards Addressed:

Language Arts

[CCSS.ELA-Literacy.SL.K.2](#)

[CCSS.ELA-Literacy.SL.K.5](#)

Health: [NPH-H.K-4.5](#) Using Communication Skills to Promote Health

Music: [NA-M.K-4.1](#) Singing, Alone and with Others, a Varied Repertoire of Music Theater

Visual Arts: [NA-VA.K-4.3](#) Choosing and Evaluating a Range of Subject Matter, Symbols, and Ideas

Character Concepts: Children will learn character concepts such as compassion, kindness, responsibility, sharing, and empathy.

Materials Needed:

- A copy of the children's book *Animals Have Feelings, Too* by Karen Lee Stevens <http://allforanimals.org/book/>
- A finger puppet for each child (see page 4 for template) and model puppet for the teacher.
- One sheet of "feeling" faces (see page 5) cut into individual squares, laminated with Velcro backs
- An assortment of "feeling faces" printed on white paper and cut into individual squares (two to three sheets will be needed per class, each student will choose one feeling face)
- Felt board
- Crayons and colored pencils

- Colored yarn pre-cut into half inch, inch, and two inch pieces
- Glue sticks or rubber cement
- Collection of stickers, paper bowties, and/or construction paper shapes
- Feelings Song

Helpful Background Information:

<http://www.humanesociety.org/animals/pets>

Teacher Preparation:

1. Prepare a finger puppet (see page 4) for each child.
2. Prepare feeling faces as described above.
3. Prepare yarn and accessories for the class.

Lesson Procedure:

Opening Activity:

1. Ask all the children to sit quietly in a circle.
2. Ask students to describe how they are feeling right now. Write the feeling words from the responses on the board or place the corresponding feeling face on the felt board. After a few moments review that the words written down are called “Feelings” and that humans and animals share many of the same feelings.

Lesson Body:

1. Read *Animals Have Feelings, Too!* aloud to the children.
2. After reading the book through once, go through the book page by page and ask the students to repeat the feeling word. Ask students if it is on the chart of feelings they made earlier. If it is not present, add it to the list.
3. Ask students if they can think of any other feeling words that they may share with animals and want to add to the list.
4. The educator will ask students to look at the list of feeling words. Choose one feeling word, such as tired, and ask students to show what they might look like if they were tired. (Allow students to show tired.) Ask students to describe what they want to do when they are tired. (Answers should include but are not limited to: sleep, rest, be left alone.) Ask students to think about a dog who might be tired. Ask them to describe what a dog will want to do when tired. (Answers should be similar to those of what a person wants.) Describe how a tired animal needs sleep just like us and will want to be able to rest.
5. Repeat item number four from above using another feeling word from the student list, being sure to review how the students might feel and how an animal might feel.
6. Ask students to return to their seats. Introduce the art project by showing the students an example finger puppet. Tell the students that today they will get to make a feeling puppet; they can choose to create a puppet that shows how they are feeling today or create a puppet that shows their favorite feeling. Show students the “feeling faces” from which they can choose and describe

that the face will be pasted on to the puppet. Describe that once the face is on the puppet students may decorate their puppet any way they like with the hair and accessory items.

7. Pass out a finger puppet to each of the children. Ask each student to choose a “feeling face” from the stack and glue the face onto their puppet. Next, the children can complete their puppet by gluing on string for hair or using crayons or colored pencils to draw hair or clothing.

Closure:

1. Ask students to place their puppets on a table to dry.
2. Ask students to return a circle at the front of the room. Thank them for working hard to learn about feelings. Introduce the song and sing it once for the students. Once students are familiar with the song, sing it with them. (If the puppets are dry students may wish to use their feeling puppets while singing.)

Extension:

Preparation: Create a stack of about 10 feeling faces on construction paper.

1. Gather students in a circle to create and explain that you will be acting out how to express personal feelings in feeling statements.
2. Model feeling statements for students using the stack of feeling faces. Draw a face from your stack. Show the students the face. Say, “This face has slanted eyebrows, a downward turning mouth, and is showing its teeth. It looks angry to me.” Say in an angry tone, “I feel angry!”
3. Ask students to repeat the statement.
4. Allow students to take turns drawing a feeling face and sharing it with the group. After a face is drawn, ask students, “What kind of feeling do you think this face shows? Why do you think this face is happy/sad/grumpy?” Once the class has determined which feeling the face shows, have them say the “I feel...” statements all together in a tone of voice that matches the feeling.

Feelings Song

There is no one way to sing this song. You can make up your own tune or even teach it as a chant.

Dogs have them
Cats have them too
Whales and snails and kangaroo.

Sometimes animals are happy,
Sometimes, they're sad.
Sometimes, they're grumpy,
Sometimes, they're glad.

Just like me and you,
Animals have feelings, too!

Horses have them
Pigs have them too.
Cows and chickens, oh yes they do.

Fish have them
Parakeets have them too.
Who has feelings?
All the animals, that's who!

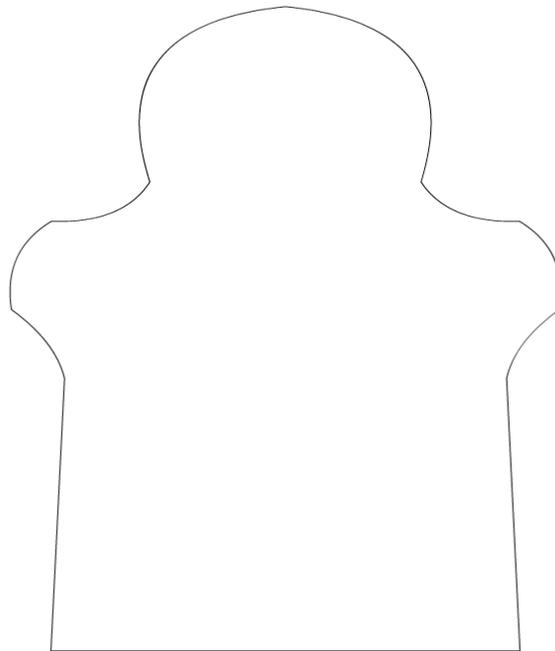
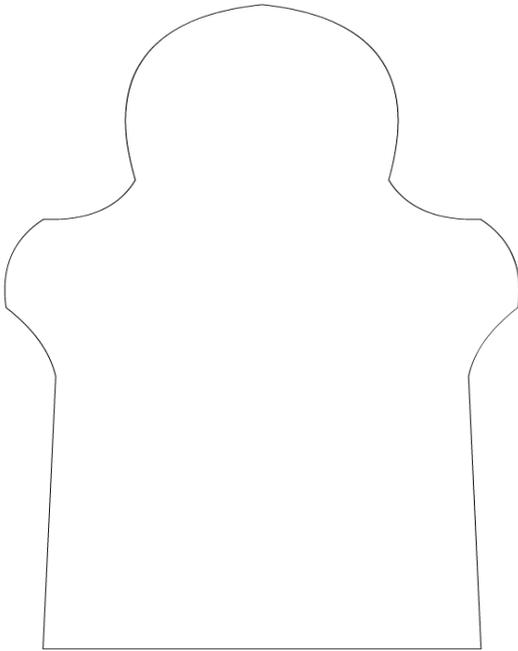
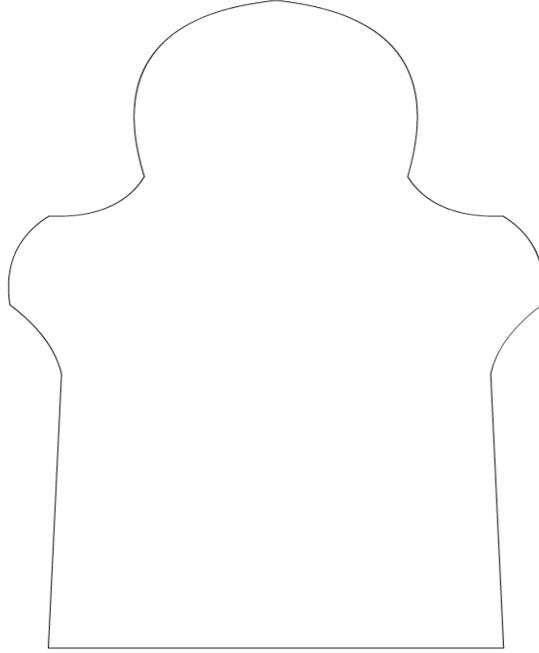
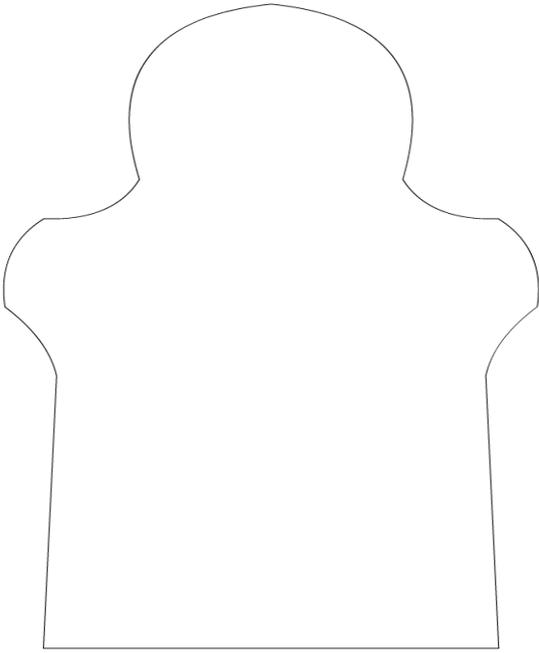
Just like me and you,
Animals have feelings, too!

Frogs have them
Pigs have them too
Horses and hippos and caribou.

Always be kind to animals
Whatever you do.
Why should we be kind?
Because animals have feelings, too!

Finger Puppet Template

To make a puppet: Cut out two templates and staple the sides and the top of the head together.



HOW DO I FEEL RIGHT NOW?

