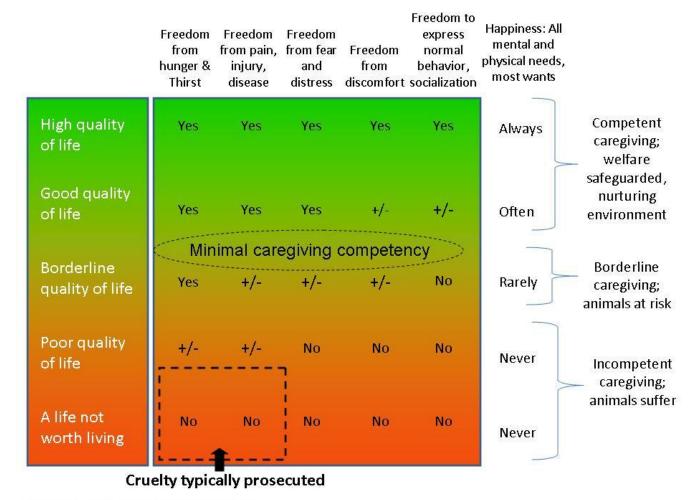
## The 5 Freedoms

- 1. **Freedom from Hunger and Thirst** (ready access to fresh water and a diet that allows them to maintain full health and vigor)
- 2. **Freedom from Discomfort** (an appropriate living environment, including protection from the elements and a comfortable resting area)
- 3. **Freedom from Pain, Injury and Disease** (care that prevents illness and injury, and that assures rapid diagnosis and treatment if illness/injury should occur)
- 4. **Freedom to Express Normal Behaviors** (sufficient space and proper facilities to move freely and fully, and to engage in the same types of activities as other animals of their species; ability to interact with -- or avoid others of their own kind, as normal)
- Freedom from Fear and Distress (both a general environment and treatment that avoids mental suffering and stress)



Patronek G. 2010. Adapted from FAWC, 2009