

The 5 Freedoms

1. **Freedom from Hunger and Thirst** (ready access to fresh water and a diet that allows them to maintain full health and vigor)
2. **Freedom from Discomfort** (an appropriate living environment, including protection from the elements and a comfortable resting area)
3. **Freedom from Pain, Injury and Disease** (care that prevents illness and injury, and that assures rapid diagnosis and treatment if illness/injury should occur)
4. **Freedom to Express Normal Behaviors** (sufficient space and proper facilities to move freely and fully, and to engage in the same types of activities as other animals of their species; ability to interact with -- or avoid -- others of their own kind, as normal)
5. **Freedom from Fear and Distress** (both a general environment and treatment that avoids mental suffering and stress)

	Freedom from hunger & Thirst	Freedom from pain, injury, disease	Freedom from fear and distress	Freedom from discomfort	Freedom to express normal behavior, socialization	Happiness: All mental and physical needs, most wants	
High quality of life	Yes	Yes	Yes	Yes	Yes	Always	Competent caregiving; welfare safeguarded, nurturing environment
Good quality of life	Yes	Yes	Yes	+/-	+/-	Often	
Borderline quality of life	Yes	+/-	+/-	+/-	No	Rarely	Borderline caregiving; animals at risk
Poor quality of life	+/-	+/-	No	No	No	Never	Incompetent caregiving; animals suffer
A life not worth living	No	No	No	No	No	Never	

Minimal caregiving competency
Cruelty typically prosecuted